Standard Benefits include:

- No co-payments
- Language translation services
- Checkups for children
- Visits to the doctor when you are sick
- Hospital services
- Emergency care
- Laboratory services
- Prescription drugs
- Family planning services
- X-ray/imaging
- Mental health services
- Routine eye exams & glasses for children
- Routine eye exams for adults
- Home health services
- Rides to medical appointments
- Maternity and high risk pregnancy care
- Newborn care
- Immunizations (shots) for children
- Dental care for children
- Physical, occupational, and speech therapies
- After hours medical advice line

Health Care for Children

All MCOs provide:

- Immunizations (shots)
- Check-ups to age 21
- Vision screenings
- Health education
- Services for special health care needs
- Lead screenings
- Dental check-ups to age 21
- Hearing screenings



Special Health Care Needs

Please call the Managed Care HelpLine if you or your family member have special health needs or get care for:

- Pregnancy
- Heart condition
- High blood pressure
- Asthma or other breathing problems
- Kidney disease or dialysis
- HIV/AIDS
- Mental health
- Diabetes
- Cancer
- Home health services
- Special medical equipment
- Other special health needs

All MCOs can give you lists of PCPs (doctors) who speak languages other than English.

You may not be eligible to enroll in an MCO if you have other primary insurance, are in foster care, are in a nursing home, or participating in a home and community-based care waiver. If you have one of these or other circumstances that you feel make you ineligible to enroll in an MCO, please contact the Managed Care HelpLine.

Equal Opportunity Statement

Department of Medical Assistance Services are available without regard to race, color, creed, sex, sexual orientation, age, disabilities, national origin, ancestry or language barriers.

The information in this chart is correct to the best of our knowledge. Information may change without notice. For updated information, call 1-800-643-2273.



Questions? Call the Managed Care HelpLine 1-800-643-2273

Monday to Friday, 8:30 a.m. to 6 p.m.

The call is free and we have interpreter and translator services. (TDD 1-800-817-6608)

We are here to help you. We can:

- Help you enroll in a health plan
- Tell you which plans your PCP is in
- Answer questions about benefits
- Help you with any problems







MCO Comparison Chart

An MCO is a Managed Care Organization (health plan).

For these cities and counties:

Accomack, Amelia, Brunswick, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Emporia, Essex, Franklin City, Fredericksburg, Goochland, Greensville, Hanover, Henrico, Hopewell, King George, King & Queen, King William, Lancaster, Lunenburg, Mathews, Mecklenburg, Middlesex, New Kent, Northampton, Northumberland, Nottoway, Petersburg, Powhatan, Prince Edward, Prince George, Richmond City, Richmond County, Southampton, Spotsylvania, Stafford, Surry, Sussex, & Westmoreland

Abra este panfleto y encontrará esta información en español, en la parte de adentro.

1

Read the letter

Look at the letter that came with this chart. You will see that we have selected an MCO for you. You can keep that MCO, or you can read the chart on the next page to learn more about other MCOs in your area.

If you choose the MCO in the letter, you do not have to call or go to Steps 2 and 3. You do not have to do anything else.

If you do not want the MCO in the letter, go to Steps 2 and 3.

If you want to keep the MCO that we selected for you, you do not have to do anything else.

2

Read the chart

Read the chart on the next page. Compare the MCOs in your city or county and choose the **best one for you and your family.**

If you want to choose a different MCO, read the chart on the next page.

3

Call to enroll

Call the Managed Care HelpLine at 1-800-643-2273 (TDD 1-800-817-6608). You can call Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.

Call us only if you want to choose a different MCO. We can also help you choose a PCP.



Questions? We are here to help you. Call us at **1-800-643-2273** (TDD 1-800-817-6608) Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.



Choose an MCO that:

- serves your city or county
- has the doctors, extra benefits, or special health care services you want.

Ask yourself these questions:

- Do my doctors and other healthcare providers belong to one of these plans?
- Does the hospital that I use work with one of these plans?
- Does one of the MCOs have any extra benefits that I want?
- Can one of the MCOs help with any special health care needs I may have?

Call to enroll

Call the Managed Care HelpLine at 1-800-643-2273

(TDD 1-800-817-6608). You can call Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.



Anthem. Health Keepers Plus

Offered by HealthKeepers, Inc. Priority Health Care, Inc. and Peninsula Health Care, Inc.

Anthem serves these cities and counties: Accomack, Amelia, Brunswick, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Emporia, Essex, Franklin City, Fredericksburg, Goochland, Greensville, Hanover, Henrico, Hopewell, King George, King & Queen, King William, Lunenburg, Mathews, Mecklenburg, Middlesex, New Kent, Northampton, Northumberland, Nottoway, Petersburg, Powhatan, Prince Edward, Prince George, Richmond City, Richmond County, Southampton, Spotsylvania, Stafford, Surry, Sussex, & Westmoreland

For a list of doctors in Anthem call

1-800-901-0020

For more information about Anthem call

1-800-901-0020 or 1-757-326-5090

Anthem members can use these hospitals:

Bon Secours (DePaul, Maryview, Memorial Regional, Richmond Community, St. Mary's) Chesapeake General Children's Hospital of the King's Daughters Children's Hospital, Richmond

Community Memorial Halifax Regional HealthSouth Rehabilitation

HCA Hospitals (CJW Chippenham, CJW Johnston-Willis, Henrico Doctors' - Forest & Parham Campuses, John Randolph, Retreat)

Louise Obici Memorial

Medical College of Virginia Richmond Eye & Ear

Riverside Hospitals (Regional, Tappahannock,

Walter Reed)

Sentara Hospitals (Bayside, Leigh, Norfolk General, Virginia Beach General, Williamsburg Community)

Shore Memorial

Southampton Memorial Southside Community Southside Regional

Anthem's extra benefits:

- 20% discount with participating dentists for adults
- 25% discount for adult eye wear

Anthem's extra programs and services:

- Asthma management program
- Diabetes management program
- Baby Benefits program for all pregnant members
- Discounts with participating chiropractors, accupuncturists, & licensed massage therapists
- New member education in home



CARENET serves these cities and counties: Amelia, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Essex, Fredericksburg, Goochland, Hanover, Henrico, Hopewell, King George, King & Queen, King William, Lancaster, Lunenburg, Mathews, Mecklenburg, Middlesex, New Kent, Northumberland, Nottoway, Petersburg, Powhatan, Prince George, Richmond City, Richmond County, Spotsylvania, Stafford, Surry, Sussex, & Westmoreland

For a list of doctors in CARENET call

1-800-279-1878

For more information about CARENET call

1-800-279-1878

CARENET members can use these hospitals:

Bon Secours (Memorial Regional, Richmond Community) Children's Hospital, Richmond Community Memorial HCA Hospitals (CJW Chippenham, CJW Johnston-Willis,

Henrico Doctors' - Forest & Parham Campuses, John Randolph, Retreat) HealthSouth Rehabilitation

Medical College of Virginia Rappahannock General Southside Regional

CARENET's extra benefits:

- Dental exam & cleaning every 6 months for adults
- Glasses or contacts every 24 months for adults

CARENET's extra programs and services:

- Asthma management program
- Diabetes management program
- Baby Matters prenatal program for all pregnant members
- Doc Bear Club membership (ages 0-12)
- Health education videos and seminars



Sentara serves these cities and counties: Accomack, Amelia, Brunswick, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Emporia, Essex, Franklin City, Goochland, Greensville, Hanover, Henrico, Hopewell, King & Queen, King William, Lancaster, Lunenburg, Mathews, Mecklenburg, Middlesex, New Kent, Northampton, Northumberland, Nottoway, Petersburg, Powhatan, Prince Edward, Prince George, Richmond City, Richmond County, Southampton, Surry, Sussex, & Westmoreland

For a list of doctors in Sentara Family Care call

1-800-881-2166

For more information about Sentara call

1-800-881-2166 or 1-757-552-8975

Sentara members can use these hospitals:

Bon Secours (DePaul, Mary Immaculate, Maryview, Memorial Regional, Richmond Community, St. Mary's) Chesapeake General Children's Hospital of the King's Daughters

Children's Hospital, Richmond Community Memorial

Greensville Memorial Halifax Regional

Louise Obici Memorial

Mary Washington

HCA Hospitals (CJW Chippenham, CJW Johnston-Willis, Henrico Doctors' - Forest & Parham Campuses, John Randolph, Retreat)

Medical College of Virginia Rappahannock General Sentara Hospitals (Bayside, Careplex, Leigh, Norfolk General, Virginia Beach General, Williamsburg Community) Sheltering Arms Shore Memorial

Southampton Memorial Southside Community Southside Regional University of Virginia Health Science Center

Mary Washington

Sentara's extra benefits:

- 20% discount with participating dentists for adults
- Discounts on eye wear: frames, lenses, and contacts for adults

Sentara's extra programs and services:

- Asthma management program
- Diabetes management program
- Disease prevention programs
- Sentara's Partners in Pregnancy prenatal program for all pregnant members
- Home visits to review benefits



VAPremier serves these cities and counties: Accomack, Amelia, Brunswick, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Emporia, Franklin City, Fredericksburg, Goochland, Greensville, Hanover, Henrico, Hopewell, King George, King William, Lunenburg, Mecklenburg, New Kent, Northampton, Nottoway, Petersburg, Powhatan, Prince Edward, Prince George, Richmond City, Southampton, Spotsylvania, Stafford, Surry, Sussex and Westmoreland

For a list of doctors in **VAPremier call**

1-800-289-4970 (Richmond, Fredericksburg) 1-800-828-7953 (Tidewater)

For more information about **VAPremier call**

1-804-819-5151 or 1-800-727-7536 (Richmond, Fredericksburg) 1-757-461-0064 or 1-800-828-7989 (Tidewater)

VAPremier members can use these hospitals:

Bon Secours (DePaul, Mary Immaculate, Maryview, Memorial Regional, Richmond Community, St. Mary's) Chesapeake General

Children's Hospital of the King's Daughters Children's Hospital, Richmond

Community Memorial Greensville Memorial

HCA Hospitals (CJW Chippenham, CJW Johnston-Willis, Henrico Doctors' - Forest & Parham Campuses, John Randolph, Retreat)

Louise Obici Memorial Mary Washington Medical College of Virginia Hospitals (VCU Health System) Sentara Hospitals (Bayside, Careplex, Leigh,

Norfolk General, Virginia Beach General) Shore Memorial Southampton Memorial Southside Community Southside Regional

VAPremier's extra benefits:

- \$75 credit per year for adult dental in selected areas
- \$100 credit for contacts or \$32 credit for glasses for adults

VAPremier's extra programs and services:

- Asthma education program
- Diabetes education program
- Hypertension education program
- Healthy Heartbeats prenatal program for all pregnant members
- Home visits to review benefits